

BLACK WALNUT CAFÉ

Gluten Free

Following entrées are Gluten Free or can be modified to be Gluten Free.
Please let us know any food allergies before placing your order.

munchies

Guacamole & Chips & Salsa

Fire-roasted salsa, house-made guacamole, chips • 5.5

omelets & ...

Substitute egg whites or egg beaters • 1

Build Your Own Omelet

5 + add from list below:

Each • .50

- Red onions
- Scallions
- Sweet bell peppers
- Mushrooms
- Black beans
- Pico de gallo
- House potatoes
- Jalapeños
- Tomatoes
- Swiss
- Mozzarella
- Cheddar
- Shoestring Potatoes

Each • 1

- Spinach
- Avocado
- Goat cheese
- Cream cheese
- Feta
- Sour cream

Each • 2

- Peppered bacon
- Ham
- Breakfast sausage
- Italian sausage
- Artichoke

Philly Cheese Steak Omelet

Yellow onion, roast beef, mushrooms, cheddar, mozzarella, sour cream, shoestring potatoes, scallions • 8

Western-Eastern Omelet

Sweet bell peppers, red onions, scallions, mushrooms, tomatoes, mozzarella, cheddar • 6.75

Spinach & Mushroom Omelet

Spinach, mushrooms, cream cheese, red onions, tomatoes • 7.5

Tex-Mex Omelet

Red onions, sweet bell peppers, mushrooms, black beans, corn, jalapeños, cheddar, mozzarella, pico de gallo, cilantro, sour cream, tortilla strips** • 7.5

Roasted Vegetable Omelet

Red bell peppers, asparagus, zucchini, red onions, mushrooms, tomatoes, cream cheese, Swiss, scallions • 7.5

Breakfast Quesadilla

Corn tortillas, scrambled eggs, mushrooms, cheddar, mozzarella, red onions, jalapeños, sweet bell peppers, pico de gallo, sour cream, fire-roasted salsa, choice of bacon, ham or spicy sausage • 7

Breakfast Enchiladas

Corn tortillas, scrambled eggs, American cheese, cheddar, mozzarella, guacamole, pico de gallo, sour cream, chipotle Pavia alfredo, tortilla strips, cilantro • 6.75

Original Breakfast Burrito

Corn tortillas, Scrambled eggs, red onions, mushrooms, sweet bell peppers, cheddar, choice of bacon, spicy sausage or ham • 3

soups

Vegetarian Black Walnut Zuppa

Roasted vegetables, tomato broth • 3 / 5.5

salads

Black Walnut Salad

Grilled marinated chicken breast, walnuts, gorgonzola cheese, julienne green apples, house greens, tomato savory dressing • 11.75

The “Never-Ending Summer” Salad

Walnut spiced shrimp, mandarin oranges, strawberries, blueberries, sweet ‘n’ spicy walnuts, goat cheese, house greens, raspberry vinaigrette • 12.75

Shrimp Mango Spinach Salad

Sautéed shrimp, strawberries, mandarin oranges, kiwi, spinach, mango cilantro dressing • 12

Greek Salad

Artichokes, kalamata olives, red onions, celery, sweet bell peppers, sun-dried tomatoes, feta, cucumbers, house greens, lemon Otis dressing • 10.5

Asian Tuna Salad

Seared ahi tuna, black sesame seeds, green, red & Napa cabbage, carrots, mint, cilantro, snow peas, bean sprouts, peanuts, wasabi aioli, spicy Asian dressing • 14.75

Blackened Salmon Caesar Salad

Blackened salmon, Marie cheese, romaine, Caesar dressing • 14

Chicken Caesar Salad

Grilled marinated chicken breast, croutons, Marie cheese, romaine, Caesar dressing • 10

Cobb Salad

Grilled marinated chicken breast, peppered bacon, roasted corn, cucumbers, tomatoes, avocado, hard-boiled egg, house greens, cobb dressing • 12.5

Big Vegetable Salad

Cucumbers, alfalfa sprouts, red onions, tomatoes, carrots, mushrooms, sweet bell peppers, celery, cheddar, mozzarella, house greens • 9

Santa Fe Salad

Grilled marinated chicken breast, roasted corn, black beans, cheddar, tortilla strips**, pico de gallo, sweet bell peppers, house greens, spicy mango cilantro dressing • 12.75


House-made Salad Dressings

Lemon Otis (Greek) • tomato savory • asiago blue cheese • caesar • ranch* • Cayenne Ranch* • Spicy Avocado Ranch* • honey mustard • mango cilantro • Spicy Mango Cilantro • lemon Otis pesto balsamic • cobb Raspberry Vinaigrette

Additions

chicken 3 • sirloin steak 7 • fajita steak 5
shrimp 4 • salmon 6 • ahi tuna 8
blacken any item 1

Some dishes may contain nuts, raw or under cooked ingredients. Consuming raw or under cooked meats, poultry, pork, seafood, shellfish or eggs may increase risk of food borne illness. Please let us know of any food allergies. Substitutions may require additional charges.

 = spicy

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signature entrées

Grilled Chicken Breast

Marinated chicken breast, walnuts, pico de gallo, house potatoes, roasted vegetables • 11

new Steak Dinner

BWC rub, garlic mashed potatoes, broccoli, garlic bread

10 oz. Certified Angus Beef® sirloin • 18

12 oz. Certified Angus Beef® rib-eye • 20

6 oz. Certified Angus Beef® tenderloin • 24

North of the Border Beef Fajita Tacos

Marinated & grilled fajita steak, grilled onions, lime, guacamole, pico de gallo, lettuce, cilantro, feta, corn tortillas • 10.5

Black Walnut Fish Tacos

Grilled fish, fresh lime, corn tortillas, lettuce, pico de gallo, cilantro, house salad • 11.5

new Lobster Tacos

Corn tortillas, seasoned lobster, lime, lettuce, pico de gallo, cilantro, Caesar salad • 15.5

burgers & sandwiches

Served with french fries. Substitute sweet potato fries, garlic mashed potatoes, fruit or soup • 1

Darn Good Burger

10 oz. Certified Angus Beef® ground chuck, sautéed onions, mushrooms, peppered bacon, cheddar, lettuce, garlic cream cheese • 11

Ross Boss “Regular Burger”

10 oz. Certified Angus Beef® ground chuck, mozzarella, lettuce, tomatoes, red onions • 9.5

Blue Cheese Burger

Certified Angus Beef® ground chuck, blue cheese, pickled jalapeños, spinach, caramelized onions, peppered bacon, sweet potato fries • 10

All our burgers, salmon, blackened salmon and marinated chicken are gluten free, cooked on a separate grill away from the bread.

* Gluten free but contains MSG *

** Any fried items are cooked in the same oil as breaded items

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