

BLACK WALNUT

CAFE

The following menu features dishes suitable for our guests with gluten intolerance. While we strive to provide accurate information, our ingredients change from time to time, our kitchen is NOT gluten-free and cross contact may occur. Please let us know of all food allergies and special requests when placing your order.

PLEASE ORDER AS INDICATED IN PARENTHESES

..... Substitute for gluten-free bread {1.79}

STARTERS

TWICE BAKED POTATO BOATS
(potato boats are fried in same oil as meat)


SALADS

FAV BLACK WALNUT SALAD 
(no bread or substitute with gluten-free bread)

BLACKENED SALMON CAESAR SALAD 
(no bread or substitute with gluten-free bread, no croutons)

TENDERLOIN STEAK SALAD
(no bread or substitute with gluten-free bread)

COBB SALAD
(no bread or substitute with gluten-free bread)

FAV SANTA FE SALAD 
(no tortilla strips, no bread or substitute with gluten-free bread)

SALAD DRESSINGS

Tomato Savory | Asiago Blue Cheese Caesar | Ranch | Honey Mustard
Spicy Mango Cilantro | Lemon Otis | Creamy Tomato Dressing

SOUTHERN SIGNATURES

POT ROAST DINNER
(no gravy, no garlic bread)

FAJITA STEAK OMELET
(no bread)

TACOS

PULLED PORK CARNITAS TACOS

BLACK WALNUT FISH TACOS
(substitute with grilled fish)

GLUTEN-FREE SIDES

Garlic Mashed Potatoes , Chipotle Mashed Sweet Potatoes,
Pesto Squash Zucchini , Broccoli , House Side Salad, Potato Salad

BURGERS & SANDWICHES

Fries are cooked in oil with meat.

AMERICAN BURGER*
(no bread or substitute with gluten-free bread)

TURKEY CROISSANT CLUB 
(no bread or substitute with gluten-free bread)

CUBANO
(no bread or substitute with gluten-free bread)

STEAK SANDWICH
(no bread or substitute with gluten-free bread)

CHICKEN SANDWICH
(grilled chicken, no bread or substitute with gluten-free bread)

POT ROAST GRILLED CHEESE
(substitute with gluten-free bread, no soup)

AVOCADO & EGG TOAST
(no bread or substitute with gluten-free bread)

LIGHTLIFE® BURGER (PLANT-BASED) 
(no bread or substitute with gluten-free bread)

GRILL

SIMPLE PROTEINS

Served with a choice of sauce and side

PRIME PORK CHOP 12 OZ.

BBQ GLAZED PORK SHANKS 3 EA.

TENDERLOIN FILET TIPS 9 OZ.

CAJUN SHRIMP SKEWERS 16 EA.

MAHI MAHI 6 OZ.

COLOSSAL CHICKEN BREAST

SCOTTISH SALMON 6 OZ.

SAUCES

ANGRY TOMATO SAUCE

BASIL PESTO 

MANGO HABANERO BBQ SAUCE

CHIPOTLE AIOLI

CREAMY TOMATO VINAIGRETTE

HOLLANDAISE

SIDES | one side included with Grill protein

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BENEDICTS

LOBSTER BENEDICT*

(no English muffin or substitute with gluten-free bread, substitute fruit instead of potatoes {1})

EGGS BENEDICT*

(no bread or substitute with gluten-free bread, substitute fruit instead of potatoes {1})

OMELETS

HEALTHIER THAN THE REST OMELET

FAJITA STEAK OMELET*

(substitute with gluten-free bread)

SMOKED SALMON OMELET*

EGGS & MORE

AVOCADO & EGG TOAST*

(substitute with gluten-free bread)

AMERICAN BREAKFAST*

(no bread or substitute with gluten-free bread, substitute fruit instead of potatoes {1})

STEAK & EGGS*

(substitute with corn tortillas, substitute fruit instead of potatoes {1})

BREAKFAST MIGAS*

(no tortilla strips)

YOGURT & FRUIT BOWL

(no granola)

CROISSANT SANDWICH

(substitute with gluten-free bread)

LITTLE ACORNS

KID'S MENU

CHEESEBURGER (with gluten-free bread or no bread)

CHEESE QUESADILLA (with corn tortillas)

GRILLED CHEESE (with gluten-free bread, or no bread)

CHICKEN DINNER