

# BLACK WALNUT

CAFE

The following menu features dishes suitable for our guests with gluten intolerance. While we strive to provide accurate information, our ingredients change from time to time, our kitchen is NOT gluten-free and cross contact may occur. Please let us know of all food allergies and special requests when placing your order.

PLEASE ORDER AS INDICATED IN PARENTHESES

..... Substitute for gluten-free bread {1.79} .....

## SALADS & SOUP

### **FAV** BLACK WALNUT SALAD

(no bread or substitute with gluten-free bread)

### BLACKENED SALMON CAESAR SALAD

(no bread or substitute with gluten-free bread, no croutons)

### COBB SALAD

(no bread or substitute with gluten-free bread)

### **FAV** SANTA FE SALAD

(no tortilla strips, no bread or substitute with gluten-free bread)

### SALAD DRESSINGS

Tomato Savory | Asiago Blue Cheese Caesar | Ranch | Honey Mustard  
Spicy Mango Cilantro | Lemon Otis | Fat-Free Raspberry Walnut

## OMELETS & MORE

### HEALTHIER THAN THE REST OMELET

(weekends only)

### EGGS BENEDICT\*

(weekends only, no bread or substitute with gluten-free bread,  
substitute fruit instead of potatoes {1})

### STEAK & EGGS\*

(substitute with corn tortilla)

### AVOCADO & EGG TOAST\*

(substitute with gluten-free bread)

### AMERICAN BREAKFAST\*

(no bread or substitute with gluten-free bread,  
substitute fruit instead of potatoes {1})

### PANCAKE STACK

(weekends only, substitute with gluten-free pancakes)

### FRESH-CUT SEASONAL FRUIT

(weekends only)

### FRUIT, NUTS & YOGURT PARFAIT

(weekends only)

## SIGNATURE ENTRÉES

### PULLED PORK CARNITAS TACOS

### BLACK WALNUT FISH TACOS

(substitute with grilled fish)

## BURGERS & SANDWICHES

Fries are cooked in oil with breaded items.

### AMERICAN BURGER\*

(no bread or substitute with gluten-free bread)

### TURKEY CROISSANT CLUB

(no bread or substitute with gluten-free bread)

### LIGHTLIFE® BURGER (PLANT-BASED)

(no bread or substitute with gluten-free bread)

### GLUTEN-FREE SIDES

Potato Salad, House Salad, Broccoli, Fruit,  
Mashed Potatoes, Cauliflower Risotto

### LITTLE ACORNS

#### KID'S MENU

CHEESEBURGER (with gluten-free bread)

CHEESE QUESADILLA (with corn tortilla)

GRILLED CHEESE (with gluten-free bread)

CHICKEN DINNER



Some dishes may contain nuts, raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, pork, seafood, shellfish or eggs may increase risk of foodborne illness. Please let us know of any food allergies.